kindbody

Holistic Health Services



Meet Kindbody360

We believe that everyone deserves dynamic and integrative healthcare. Our care continuum provides holistic support throughout every phase of the family-building journey and beyond. This includes general wellness, support for those trying to conceive, pre and postpartum care, menopause support, and more. Our robust network of providers provide care both in-clinic and virtually.

Virtual appointment types

Fertility, pregnancy, & postpartum

- Birth options
- Fertility based couples support
- Lactation consultation
- Return to work coaching
- Postpartum planning
- Recurrent pregnancy loss
- Sleep coaching (newborn, infant, and 1-6 years old)
- Doula (general, birth processing, and postpartum)

Third party family-building

- Adoption coaching
- Foster parenting coaching
- Surrogacy coaching
- Egg donor 101
- Sperm donor 101
- Gestational carrier support
- General third party family-building consultation

General health and wellness

- Acupressure
- Eastern medicine
- Guided meditation
- Nutrition consultation
- Therapy session
- Yoga therapy
- Movement and intention coaching

Get started today by visiting:

kindbody.com/activate

Learn more at kindbody.com or contact us at employeebenefits@kindbody.com