



kindbody

holistic care beyond the four walls of the clinic

meet Kindbody360

We believe that everyone deserves dynamic and integrative healthcare. Our care continuum provides holistic support throughout every phase of the family-building journey and beyond. This includes general wellness, support for those trying to conceive, pre and post partum care, menopause support, and more. Our robust network of providers provide care both in-clinic and virtually.

virtual appointment types

Fertility, pregnancy, and postpartum support

- Birth options
- Doula (general, birth processing, and postpartum)
- Fertility based couples support
- Lactation consultation
- Return to work coaching
- Postpartum planning
- Sleep coaching (newborn, infant, and 1-6 years old)
- Recurrent pregnancy loss
- Male fertility preservation consult
- Fertility treatment consultations

Third party family-building guidance

- Adoption coaching
- Foster parenting coaching
- Surrogacy coaching
- Egg donor 101
- Sperm donor 101
- Gestational carrier support
- General third party family-building consultation

General health and wellness

- Acupressure and eastern medicine
- Guided meditation
- Movement and intention coaching
- Nutrition consultation
- Therapy session
- Yoga therapy

Get started with Kindbody today by visiting
[**kindbody.com/activate**](https://kindbody.com/activate)