

FET Calendar

						Saturday
Menstrual Cycle Day: 1	2	+ 3 8 - 10 AM - Cycle Visit BW + US	4	5	6	7
		Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen
8	9	10	11	12	13	14
Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen
15	+ 16 8-10 AM-Office Visit BWUS	17	Take Progesterone in oil 8:00 AM	19	Take Progesterone in oil 8:00 AM	21
Take Estrogen	Take Estrogen	Take Estrogen	Take Estrogen	START Endometrin and Take Estrogen	Take Estrogen and Endometrin	Take Estrogen and Endometrin
Take Progesterone in oil 8:00 AM	23	Take Progesterone in oil 8:00 AM		Take Progesterone in oil 8:00 AM		Take Progesterone in oil 8:00 AM
Take Estrogen and Endometrin	Take Estrogen and Endometrin	Take Estrogen and Endometrin	Take Estrogen and Endometrin	Take Estrogen and Endometrin	Take Estrogen and Endometrin	Take Estrogen and Endometrin
	Take Progesterone in oil 8:00 AM		8-10 AM Pregnancy Blood Test (9 DAYS AFTER YOUR FET)			
Take Estrogen and Endometrin	Take Estrogen and Endometrin	Take Estrogen and Endometrin				

Notes The above schedule is **tentative** based on your body's response to the hormones. Your second cycle visit will be 9 - 13 days after starting your medications. If your lining is not thick enough after that visit, or your labs are not appropriate, the progesterone in oil will be started later in the cycle.