

kindbody

Own your future today by starting with a Fertility Assessment.



The reality is, you're never too young (or too old) to learn more about your body, your fertility, and better understand where things stand. The good news is it's possible to be proactive with your fertility care. A great first step is coming in for a personalized fertility assessment.

Fertility Facts:

It's all about the eggs.

We are born with all the eggs we're ever going to have – about 2 million. By the time we reach our first period, we're already down to 300,000-400,000 eggs. From there – whether we're on birth control and actually bleed or not – we lose up to 1,000 eggs every month.

Age matters.

Doctors typically point to 35 as the age at which fertility declines. As we age, our eggs age with us.

Quality is just as important as quantity.

As we get older, the quantity of our eggs declines, but the quality declines too.

What is included in a fertility assessment?



1:1 consultation with a Kindbody physician
Our physicians will ask you questions including your age, lifestyle, medical history, and genetic background can all contribute to your fertility, helping us create a personalized plan.



Fertility hormone testing
The Anti-Mullerian Hormone (AMH), which is released by your eggs as they grow, is one of the most reliable measures of your ovarian reserve, measured through a simple blood test.



An ultrasound of your ovaries
A vaginal ultrasound that lets us count the number of egg cells in your ovaries. The number of follicles detected can indicate the number of eggs available in a given month.



A personalized plan for your next steps
You will have a 1:1 meeting with one of our fertility specialists to discuss your results and your family planning goals.

Schedule a virtual or in-person consultation today

kindbody.com/tesla-benefit

Our clinic locations:

NYC • Princeton • Los Angeles • San Francisco • Silicon Valley • Austin • Denver • Atlanta • Minneapolis • Virtual

855-989-2020 | employeebenefits@kindbody.com